



Lincolnshire Community Health Services

NHS Trust

Children's Therapy wanted to extend the early intervention provision for children with Down's Syndrome. Through co-production, a monthly group for babies and children aged 6 months to 4 years & their families was created.

Initially, Children's Therapy liaised with the Lincolnshire Down's Syndrome Support Group (LDSSG) and its members to create several focus groups. Feedback from this process supported the design of the groups to suit the families.

The groups, based in Children's Centres for a more relaxed feel, allow families to meet with representatives from the three therapies (Speech and Language Therapy, Occupational Therapy and Physiotherapy) each month. Their child's development and next steps to work on are discussed. Changes have been made along the way in response to additional feedback from the current attendees. The groups have given the parents/carers confidence in supporting their child and have allowed for peer support as well as guidance from professionals. Each month, an early year's theme is used to introduce children and parents to a range of information including: evidence-based research and programmes to support children with Down Syndrome, vocabulary and Makaton signs, exercises to support fine and gross motor skills.

Contact(s):- Email:- lhnt.lincschildrentherapyservice@nhs.net

Tel:- 01522 309025

Web:- [Our services :: Lincolnshire Children's Therapy Services](http://Our%20services%20::%20Lincolnshire%20Children's%20Therapy%20Services%20(lincolnshirechildrentherapyservices.nhs.uk))
lincolnshirechildrentherapyservices.nhs.uk