

16 December 2024

Name  
 Address  
 Address  
 Postcode

To whom it may concern,

I am writing to request that my role as an unpaid carer is recorded on my GP patient record. This will ensure that the practice is aware of any extra pressures I am facing, which may impact my physical health and emotional wellbeing.

I understand this also means that I may be offered:

- Health information and vaccinations, such as the annual flu vaccination
- Access to the NHS Health Check for unpaid carers who are aged 40-75
- Flexible appointments

**Carer Details:**

My name		Date of Birth	
My mobile / landline number			
My email address			

Preferred method of communication (please tick): Phone  Text  Email  Letter

**Cared for Details** (if registered at the same surgery):

Name of the person(s) I care for	
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Additional notes from the carer:
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Yours faithfully,

The Lincolnshire Carers Service is delivered collaboratively between the Care and Wellbeing Hub and Carers First.