

Here to help

Did you know that three in five of us could expect to become a carer at some point in our lives?

A carer is someone who provides unpaid care and support to a family member or friend who has a disability, mental or physical illness, substance misuse issue, or who needs extra help as they grow older.

The Lincolnshire Carers Service is commissioned by Lincolnshire County Council. The service is delivered collaboratively between the Care and Wellbeing Hub and Carers First.



Supporting carers in Lincolnshire

Get in touch today to start receiving the support you need to look after yourself whilst being an unpaid carer.

Phone:

01522 782224

Web:

lincolnshire.gov.uk/support-carers/request-support

carersfirst.org.uk



01522 782 224