

Lincolnshire Carers Service

Transitions and Carer Support



April 2024



Why seek support during a transition period?

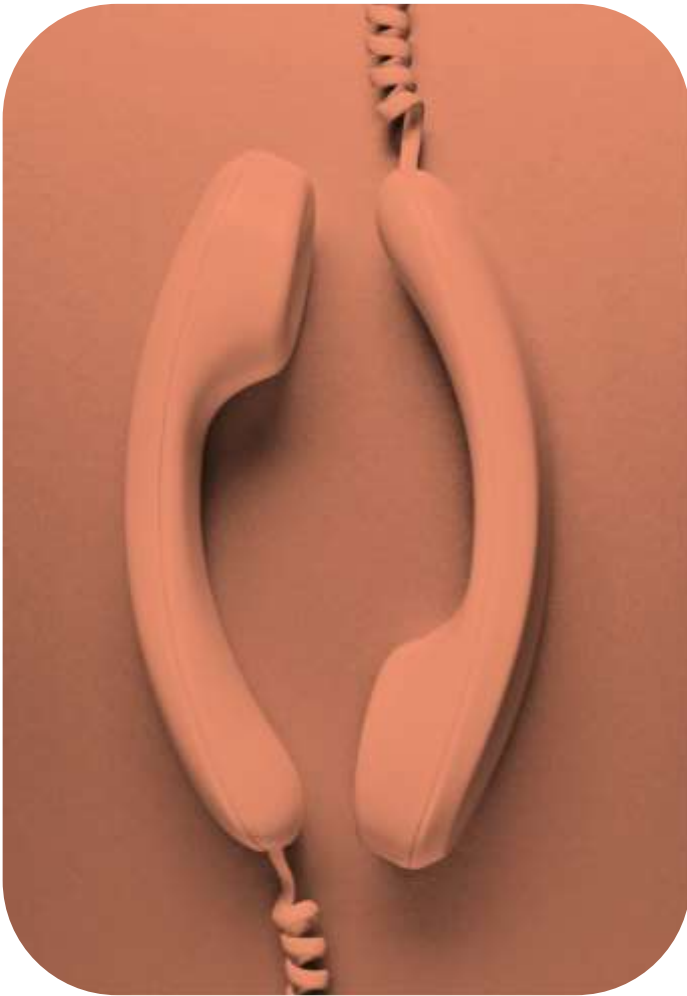
Changes are happening for children and young people – that means changes may be happening to your caring role and this could have an impact upon you.

Young people may require more support at this time perhaps moving to a new education setting, accessing a new respite facility, they may require more emotional support which impacts upon you.

There may be more appointments, admin, you may have to meet and make relationships with different professionals.

There could be other legal and financial implications, perhaps you are becoming a benefits appointee or are arranging a power of attorney.

Carers Wellbeing Hub



The front door to the Lincolnshire Carers Service

Telephone and Online request for support (carers, friends, family and professionals)

Strength Based Initial Conversation

Next Steps Plan

Once the carers immediate needs have been identified and proportionate Information, Advice and Guidance has been given to the carer they will be supported to access support from the right services including the services provided by Carers First.

01522 782224 (8am-6pm) Monday-Friday

Universal Offer

- Information Advice and Guidance
- Wellbeing Groups across Lincolnshire
- Wellbeing Programmes, Events and Activities, Carers First Campaign
- Carer Learning
- After Caring Programme
- Volunteering Programme
- Coproduction opportunities
- Financial Support
- Employment Programme
- Website Information and support, including self-help functions
- Helpline



Statutory Carers Assessments

Once a Carer has been assisted to access support to meet their needs it may be necessary for further support to be considered.

A Statutory Carers Assessment can be offered and will be undertaken by Carers First.

During a Carers Assessment, we discuss your caring role and how it impacts upon all areas of your life. If you have eligible needs a support plan will be made and reviewed on a regular basis.

We endeavour to take a whole family approach and may liaise with other professionals involved in the care of the young person you care for. We are also able to advocate for you and if necessary, attend or contribute to meetings which may be happening through a transition period.

Referrals into the Lincolnshire Carers Service – Telephone or Online

01522 782224 (8am-6pm) Monday-Friday



The screenshot shows the Lincolnshire County Council website. At the top left is the logo with the text 'Lincolnshire COUNTY COUNCIL' and the tagline 'Working for a better future'. To the right is a search bar with a magnifying glass icon. Below the logo is a navigation breadcrumb: 'Home > Social care and health > Support for carers > Request for support'. The main heading is 'Request for support'. Below this is a sub-heading 'Request for support form'. A section titled 'Why complete this form?' contains the text: 'If you are an unpaid Carer and would like support with your caring role, please complete the request for support form to refer into the Lincolnshire Carer Service.' Below this is another line of text: 'Please complete all questions on the form that are 'required' as mandatory, before moving on to the next page.' At the bottom is a yellow button with the text 'Request for Support form >'.

About us

Carers First and the Lincolnshire County Council Care and Wellbeing Hub work together to deliver the Lincolnshire Carers Service. The customer service centre provides telephone based information and support around your caring role and Carers First works directly with carers in local communities across Lincolnshire so you can live your life to the fullest.

Whatever your circumstance, we offer services to support you at every stage of your caring journey to help you find the balance in your life you wish to achieve.

If you would like to speak to someone about your caring role and discuss what support may be available to you , please call the Care and Wellbeing Hub on 01522 782224 or access support online at lincolnshire.gov.uk/support-carers/request-support

carersfirst.org.uk

01522 782 224

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