

# Children and Young People Learning Disability and Autism Keyworker Service

## CYP Keyworker Service

**Kelly Grace – Interim Team Co**



# Outcomes

1. Know more about the Keyworkers
2. Know how to refer to Keyworkers
3. Have our contact details 😊



# The service

- In 2017, Dame Christine Lenehan, published a report called "[These are our Children](#)". In the report she recommended the introduction of keyworkers to stop autistic children and children with learning disabilities with complex needs being lost in the system
- NHS Long term plan *'by 2023/24 children and young people with a learning disability and/or who are autistic with the most complex needs will have a designated keyworker'*
- Based within LPFT however priority is system working.



# NHS England

- The right support at the right time.
- Local systems are responsive to fully meeting the young people's needs in a joined up way
- Work towards care and treatment in the community
- CYPs and family are fully involved in their plans
- Feel listened to and informed
- Plans are personalised
- Reduction in stress and uncertainty



# Dynamic Support Register (DSR)

A list of people with a learning disability, and autistic people, who need support because they are at risk of going into hospital if they do not get the right care and treatment in the community.



# Dynamic Support Register (DSR)

- Integrated Care Board (ICB) has ownership
- LPFT has delegated responsibility
- Each team is responsible for their own referral
- Transforming Care oversee it.
- Consent required

## DSR meetings:

- Discuss RED/Blue cases on the DSR
- Discuss transition cases
- Set action plans to prevent admission
- Confirm and challenge current actions



## Keyworker

0-25

On DSR – Amber, Red, Blue  
Confirmed Diagnosis

Provide practical, and a degree of emotional, support to families/carers and Young People whilst they navigate the complex systems and processes.

Sit and listen to what is confusing and difficult to navigate for service user/family.

Plan towards getting clarity.

Offer a degree of advocacy.

Do people know what their care plan is and do they feel they are being supported and listened to? If so we can step away.

## Enhanced support liaison service

Work with other teams and services across the trust to provide support and intervention for Autistic Individuals and/or Individuals with an Intellectual Disability (otherwise known as Learning Disability) who are currently resident within Mental Health/Specialist inpatient services, who are at risk of admission to these services or who are at risk of placement breakdown.

This support is primarily through liaison, advice, training, and consultation with other trust services and with wider system partners including Care Commissioning Group, Lincolnshire County Council, United Lincolnshire Hospitals Trust, Police and Voluntary and Third Sector Organisations.

## Virtual Autism Hub

We're here to empower autistic people and their parents/carers. We will work closely with community groups and service providers.

Our Specialist Autism Navigators work directly with autistic adults and parents/carers of autistic people of all ages. Their job is to help you access services and other local support.

This support is non-clinical and includes:

- advice
- signposting to support groups and services
- information about autism and diagnostic pathways
- practical support with tasks such as filling out forms or accompanying individuals going to their first meetings. This support is offered in a way that suits the individual.

We offer an annual grants programme to strengthen and expand local support groups that help parents/ carers and autistic adults. The funding is targeted at volunteer-led

# What do Keyworkers do?

Provide practical, and a degree of emotional, support to families/carers and Young People whilst they navigate the complex systems and processes.





# Navigating you to a positive future

We are here to:

- Help you feel heard
- Stand in the gaps and give you hope
- Work with you so you have a positive experience
- Help you to prepare for whatever comes next
- Support you to imagine your future



# What we do:

- Raise concerns
- Who is Who
- How do you feel?
- Clarify actions
- Chase actions
- Support family
- Challenge professionals
- Attend meetings
- Think big
- Work towards community support
- Make sure voice is heard
- Manage expectations
- Explain what is happening
- Jargon bust



# What we do not do...

- Give clinical advice
- Tell other services what to do
- Refer to an inpatient setting
- Diagnose
- Offer mental health support – We are not clinicians.
- Take the place of a mental health service.

**We are not a step down service!**



# Impact and Feedback

- Thanks...Just to let you know X smiled for the first time in a while after your call. She has felt unsupported by 'professionals' in the past...or at least by the system, so I'm optimistic that this time it will be different. Thanks again. Have a nice weekend
- Thank you for the kind words, it certainly feels like we turned a corner with X and the team are rooting for her to continue doing well. Thank you for supporting the team at Waterloo Manor, it has been great working in partnership with you too.
- Can I take the time to say what amazing person **Keyworker** is she has been so amazing at helping are family and so glad we had someone as good as her to help with my son, he was upset to see her go but I know she need to help other family now Thankyou again for everything
- 'You have been BRILLIANT and her dad has said the same. I wish we didn't need the help but you have made the whole process so much easier and just let me be her mum and a person. Huge credit to you as I know it can't be easy.'



# Referral process

- 1) On the DSR (Amber, Red or Blue) (Consent needed) – for none LPFT staff you will need to get them assessed for the DSR.
- 2) Complete our referral form (It's easy 😊) and send back.

**Contact us if you need to.**



# Contact details

David.vinter@nhs.net

Based at The Gatehouse

[lpft.cypldakeyworker@nhs.net](mailto:lpft.cypldakeyworker@nhs.net)

Phone: 01522 458315

