

Family Support Services



Overview

The Family Support Service can provide information and support about the needs of your family member with a severe learning disability.

Our support is confidential and we won't judge you or tell you what to do.

Supporting families

The Challenging Behaviour Foundation aims to support families who care for a child or adult with a severe learning disability who displays behaviour described as challenging.

A severe learning disability usually means a person has very limited or no verbal communication, and requires a lot of support to complete everyday tasks.

Please note as a small charity with limited resources we are unable to offer support to those who are experiencing challenging behaviour associated with mild / moderate learning disabilities.

Contact the Family Support Service



Email: info@theCBF.org.uk



Telephone: 0300 666 0126



SCAN ME

Peer to Peer Support Services

We provide a number of peer to peer support services:

- Family Carer's Email Network
- The CBF Family Forum (Private Facebook Group)
- Listening Ear Calls
- Carers Catch Up (Zoom support group)



SCAN ME

Information and resources



We have a range of information sheets and DVDs which are free of charge to family carers in the UK. They can be sent to families by post or email.



The CBF's Challenge newsletter is produced three times a year, in electronic form and sometimes as a printed copy. Subscription is free. Read past copies on our website or sign up to receive future editions in your inbox!

Further information

For further information on how to access family support and peer to peer support services, please visit:

www.challengingbehaviour.org.uk

Quick links:

Family Support Service: <https://bit.ly/CBF-FSS>
Peer to Peer: <https://bit.ly/PeerSupp>

Contact us

We are open at the following times:

Monday – Thursday: 9am – 5pm
Friday: 9am – 3pm



Email: support@theCBF.org.uk



Telephone: 0300 666 0126
Calls cost the local rate from landlines