

Special Care dental service – Lincolnshire

Meet the Oral Health team



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What is the aim for today?

To understand importance of oral care, techniques for assisting others with oral care and how to try and overcome barriers you may face

Impact of Poor Oral Health

Pain/infection

Distress

Self confidence

Self esteem

Phobia

School readiness – attainment

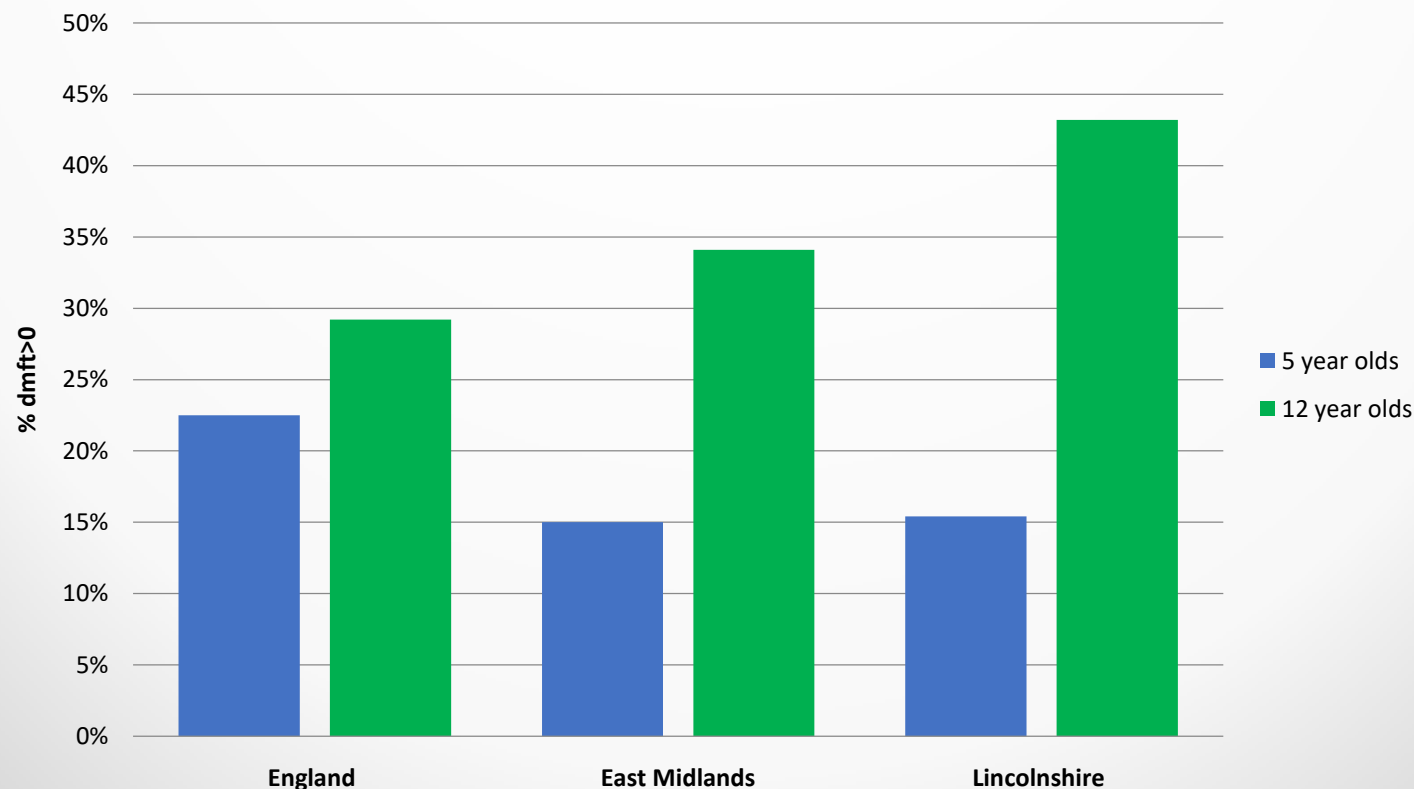
GA – time off school/nursery

Loss of work for parents/carers

What are the benefits of a healthy mouth

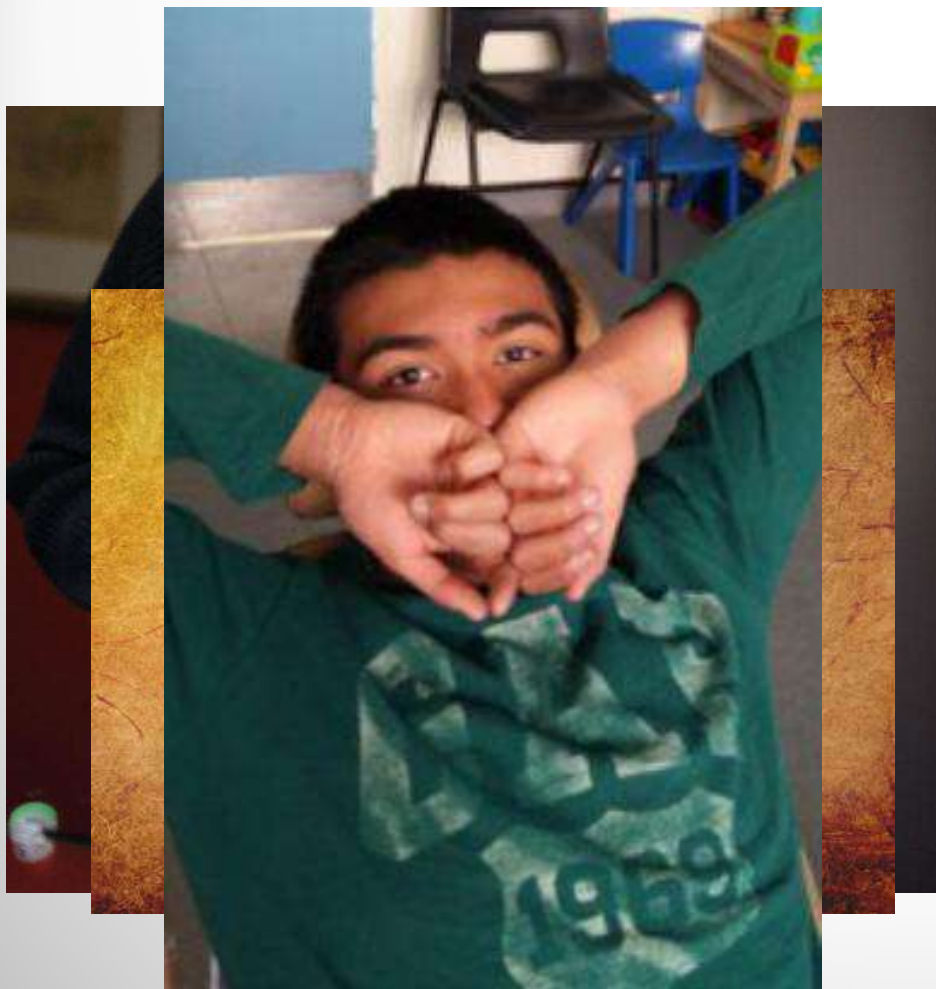
- More comfortable mouth, more comfortable child
- Reduced risk of bacterial endocarditis
- Reduce the risk of having dental treatment under a general anesthetic
- Reduced risk of halitosis (bad breath)
- More socially acceptable
- Maintain personal appearance

Percentage of five-year-old children attending special support schools with decay experience, 2014



Dental Public Health Epidemiology Programme for England, Oral Health Survey of five-year-old children attending special support schools 2014, upper tier local authority (LA)

Key prevention messages



- Brush twice a day with a fluoride toothpaste – most importantly last thing at night
- Reduce amount and frequency of sugary foods and drinks
- Visit dentist regularly – as often as they recommend

Barriers and Solutions?

Products





*Improving Oral Health
In Ever More Communities*

Resources and useful links

- Free Apps are available to download to help with timing for brushing, for example:

Brush Bus Song

<https://www.youtube.com/watch?v=XzTyCvzH8n8>

- Lincolnshire Healthy Families website.
- NHS Choices to find a dentist.
- 111 find a dentist in a emergency or call local PALS/Healthwatch
- Delivering Better Oral Health.
- Oral Health Foundation.
- British Society of Paediatric Dentistry.
- Change4Life (NHS) www.nhs.uk/Change4Life





Thank you!

Any Questions?

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www.communitydentalservices.co.uk

