



# Lincolnshire Parent Carer Forum

Registered Charity No: 1141060 ICO registration Z1810966

## **Feedback from the Community Dental Service – Oral Health Improvement Manager** **Parents Voice Report July – Sept 25**

### **Page 5 – EY Tooth Brushing**

Thank you for requesting feedback. My response would be:

If your child is lucky enough to take part in a supervised toothbrushing programme at their school or Early Year setting, then that's great! However, this is not a substitute for brushing at home, they are an additional brush.

We find that children who struggle to brush at home actually enjoy brushing at school as they are following what their friends do. Hopefully this makes brushing at home easier.

We still recommend that children brush 2 x day at home- most important time is last thing at night, with a toothpaste containing fluoride and no rinsing after brushing.

From the results most families feel the same, that it is their responsibility. There are many reasons why brushing can be a stressful task. If you feel your families would benefit from a webinar and we can give tips and tricks on how to support children with oral health care, please let me know and I can look at getting some dates booked in.