Lincolnshire Parent Carer Forum

Welcome to Lincolnshire Parent Carer Forum



About LPCF

Lincolnshire Parent Carer Forum (LPCF) is an independent, parent-led charity and the recognised parent carer forum for Lincolnshire.

We welcome parents and carers of children with disabilities and special educational needs (SEND). Your child does not need a diagnosis, and there is no age limit to joining.

We bring together parent carers' experiences and work with education, health and social care partners to help shape and improve services.

Join LPCF for free

Joining LPCF is free and gives you opportunities to connect, learn and share your views.

Join LPCF here

https://www.lincspcf.org.uk/P_Subscribe.php

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Wellbeing and connection

Parent caring can bring both joys and challenges. Join LPCF to hear about opportunities including:



Wellbeing sessions with Nicole from Hummingbird Hypnotherapy, exploring practical ways to support your emotional wellbeing.



Juggling the Joys of Parenting, offering time to reflect, build resilience and focus on yourself.



Coffee events, where you can meet other parent carers and share experiences in an informal setting.



Our closed parent carer Facebook group, offering connection and peer support.

Workshops and learning

Join LPCF to access opportunities that can develop your knowledge and confidence, including:



"LPCF – What do we do?" sessions, introducing our work and ways to get involved.



Specialist Teaching Team workshops, exploring ways to support your child's learning.



Toileting workshops, sharing information and practical approaches.



SEND workforce development learning, with online modules you can work through at your own pace.

Topics and availability vary. Please check our events page for current opportunities and booking details.

View LPCF events

https://www.lincspcf.org.uk/P_Events.php?Option=LPCF

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Your voice can help shape LPCF

You do not need to attend meetings to help shape LPCF's work. By joining LPCF, you can share your views in ways that fit around your family.



Information and resources

When you join LPCF, you can also access:

- Regular email updates about LPCF activities and relevant opportunities.
- Signposting to services, organisations and information.
- Resources shared through our website and sessions, where available.
- A Max Card, subject to eligibility and LPCF's current application or renewal requirements.



Understanding our role

LPCF represents the collective voice of parent carers. We do not provide individual advice, advocacy or casework, run petitions or campaigns, or organise activities directly for children.
Where possible, we signpost families to organisations that may be able to help.



Get involved in a way that suits you

Whether you answer an occasional poll, attend a session or explore volunteering, your contribution matters. Choose what fits around your family and the time you have available.

Email:
admin@lincspcf.org.uk

Website:
www.lincspcf.org.uk



Join LPCF today and help strengthen the voice of Lincolnshire parent carers.

