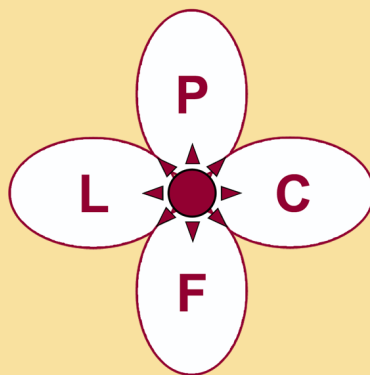
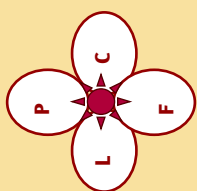


Lincolnshire Parent Carer Forum



Signposting & Information Day for parents, carers & professionals 22nd January 2019 10.30—2.30pm



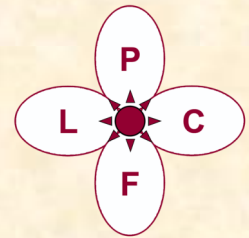
On 22nd January 2019 LPCF hosted a

Free Signposting and Information Event at “the Stanhope Hall” in Horncastle.

29 organisations attended providing a diverse range of information and support for parent carers

The following organisations kindly supported our event:-

- | | |
|--|---|
| ⇒ Bid Services Lincolnshire | ⇒ Lincolnshire County Council |
| ⇒ Buckles Solicitors | ⇒ Independent Travel Trainers |
| ⇒ CAMHS | ⇒ Lincolnshire County Council Promoting Employment Team/YPLP |
| ⇒ County Care Support | ⇒ Lincolnshire County Council Send and Quality Standards Team |
| ⇒ Family Fund | ⇒ Lincolnshire Young Voices |
| ⇒ Family Graffiti | ⇒ Linkage Community Trust |
| ⇒ Grantham and District Mencap | ⇒ Nick Markham Travel |
| ⇒ HealthWatch Lincolnshire | ⇒ PAACT |
| ⇒ Healthy Minds | ⇒ Pelican Trust |
| ⇒ Home from Home Care | ⇒ Penderels Trust |
| ⇒ Kids | ⇒ Portland College |
| ⇒ KIM Software Solutions Ltd | ⇒ Ruskin Mill Trust |
| ⇒ Liaise | ⇒ The Thomas Centre |
| ⇒ Lincolnshire Wolds Federation | ⇒ The Well head Centre |
| ⇒ Lincolnshire Clinical Commissioning Groups | ⇒ And of Course LPCF!! |



For more details of our exhibitors please see our website.

Nearly 100 parent carers and professionals attended the Signposting and Information event

Parent Carers, Professionals and members of the public provided feedback at the event.

(See following Evaluations).

Attendance and Evaluations

Signed in




<u>Professionals - Stands</u>	<u>Parent Carers</u>	<u>Professionals</u>	<u>LPCF</u>
<u>44</u>	<u>30</u>	<u>3</u>	<u>9</u>

Evaluations

<u>Professionals - Stands</u>	<u>Parent Carers</u>	<u>Professionals</u>
<u>14</u>	<u>16</u>	<u>0</u>

Feedback from Guests

How did you find out about this event ?	5 Email , 2 Website , 1 Facebook , 2 School, 2 Friend, 2 Leaflet, 2 Work	
Are you a member of the Lincolnshire Parent Carer Forum Network ?	YES 12 - 75%	NO 4 - 25%
Have you used our Website recently ?	YES 9 - 56%	NO 7 - 44%
Would you like to know when we are holding other events like this ?	YES 16 - 100%	
Would you recommend this event to others?	YES 16 - 100%	

Please tick in the relevant box under the most appropriate column to tell us how you feel about:			
Venue facilities	12 - 75%	2 - 12.5%	2 - 12.5%
Time of the event	14 - 88 %	0 - %	2 - 12%
Display/information stands	13 - 81%	1 - 6%	2 - 13 %




Comments

- ⇒ It has been very helpful coming here today.
- ⇒ I have learnt lots and I look forward to following up some things I have learnt today
- ⇒ It was fantastic. Thank you so much.
- ⇒ Prior info of age that the services relates to would be useful as many of the services on offer are for 18+.
- ⇒ Really useful meeting new organisations and Family Graffiti and learning about their workshops.
- ⇒ Very useful talking to the Healthy Minds and CAHMS re relaxation technique, sensory boxes etc
- ⇒ Useful information, some of which I will be able to use to benefit families I work with.
- ⇒ Very informative, useful information to pass on to settings for parents.
- ⇒ Very well organised.
- ⇒ Workshops on transition to Post 16 and what's available.
And - Handling, helping children through behavioural challenges linked to hormonal changes.



Feedback from Stands

How did you find out about this event ?	7 Email, 5 Work, 1 Recommendation by Volunteer	
Are you a member of the Lincolnshire Parent Carer Forum Network ?	YES 4 - 29%	NO 10 - 71%
Have you used our Website recently ?	YES 5 - 36%	NO 10 - 64%
Would you like to know when we are holding other events like this ?	YES 14 - 100%	NO 0 - 0%
Would you recommend this event to others?	YES 14 - 100%	NO 0 - 0%

Please tick in the relevant box under the most appropriate column to tell us how you feel about:			
Venue facilities	13 - 93%	13 - 7%	
Time of the event	14 - 100%		
Display/information stands	13 - 93%	13 - 7%	

Comments from Stands

- ⇒ Always fruitful event - Great networking.
- ⇒ As usual a well organised event & a wonderful buffet !
- ⇒ Be active before the talks so there's a chance we can speak to more people. Fabulous food and everyone at LPCF are always welcoming and friendly.
- ⇒ Excellent event as usual.
- ⇒ Great. Large warm venue, good food and friendly people.
- ⇒ Lovely food - thanks Carol.
- ⇒ Lunch was excellent, coconut tarts were fab.
- ⇒ More external advertising.
- ⇒ Venue a bit cold on the day.
- ⇒ Very friendly atmosphere - stall holders made to feel welcome and well looked after.
- ⇒ Very good event. I will definitely be attending again.
- ⇒ Very well attended. Good variety of services.
- ⇒ Very well organised event. Lunch Brilliant. Good parking facilities. Table ready for us with our names and with all we needed to know inside. Keep doing what you are doing. You are doing a great job.



Thank you to all the Professionals and organisations represented and thanks to all of our guests.



Puberty, Relationships and Sexual Health



During the day we also gave parents the chance to attend two talks on Puberty, Relationships and Sexual Health. These were delivered by Jan Hargrave who is RSE programme Officer for Lincolnshire County Council.

Jan discussed why it is important to talk to young people about sex and relationships.

She was able to dispel a few myths and informed parents where young people get their information from. Some of the subjects covered were “growing up, bodily changes, relationships, public & private scenarios and consent.

Although it is a very sensitive subject for lots of parents Jan covered it in an interactive and friendly way.

LPCF would like to thank Jan for her expertise in this field and for giving parents the chance to find out lots of valuable information and strategies to implement, when talking to their children.

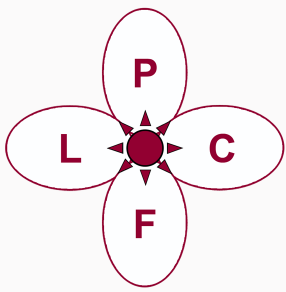
14 of 14 attendees completed the Sessions

How did you find out about this event ?		
Web 2, Coffee Morning 1, School 3, Email 2, Facebook 1, Friend 2, LPCF Member		
Are you a signed member of the Lincolnshire Parent Carer Forum Network ?	YES 11-79%	NO 3-21%
Have you used our Website recently ?	YES 9-64%	NO 5-36%
I would like to know when you are holding other events like this ?	YES 13-93%	NO 1-7%
Would you recommend this presentation to others ?	YES 14-100%	

Please tick in the relevant box under the most appropriate column to tell us how you feel about:			
Venue facilities	10-71%	3-21%	1-7%
Refreshments	13-93%	1-7%	
Presentation - content and delivery etc	14-100%		
Value of talk in meeting your needs	14-100%		

Comments from Attendees

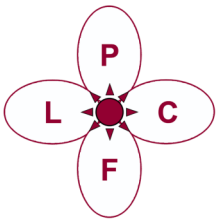
- ⇒ Excellent.
Very helpful, Thank you
I would like to receive any further information by email.
I have left my details with Jan.
- ⇒ Helpful - real life examples / scenarios.
- ⇒ It was very helpful, thank you.
Interesting and fun.
- ⇒ Really informative.
- ⇒ Really useful information and helpful.
- ⇒ Thank You.
- ⇒ Very in depth presentation, helpful information , which will be put to good use.
- ⇒ Very informative and safe environment.
A huge subject to cover. Jan did a great job.



LPCF wishes to thank

All the parents, carers, stand providers, volunteers, Jan Hargrave and the Stanhope Hall in Horncastle who made the day a success and helped provide information and signposting for those who attended.

Next Signposting event is on 22nd May 2019 - add it to your diary now!!



Contact Details

To find out more about LPCF coffee meetings and activities, please use the email address or phone number below. If you phone, please leave a message and we will return your call.

Website: www.lincspcf.org.uk

Email: admin@lincspcf.org.uk

Address: LPCF, PO Box 1183, Spalding, PE11 9EE

Tel: **07925 232 466**